



"Prevenir hoy, para proteger el mañana: por una juventud mentalmente sana"

NOVIEMBRE 13, 2024.

08:30 a.m. Registration and document provision.

09:00 a.m. Opening Ceremony.

Presenter and Moderator:

Ms. María Domínguez Macías. President of the Association SALUD MENTAL Huelva- FEFES. Huelva, Spain.

10:00 a.m. Opening Lecture: "Mental Health in Europe, between Affirmation of Rights and New Vulnerabilities."

Speaker:

Mr. Roberto Mezzina. Psychiatrist. Co-founder and President of the International Mental Health Collaboration Network. European Regional Vice President of the World Federation for Mental Health. Policy Reform Consultant. Head of the WHO Collaborating Center for Research and Training. WHO Advisor. Expert in the EU Joint Action for Mental Health Reform. Italy.

Presenter and Moderator:

Mr. Nel A. González Zapico. President of the Confederación de Salud Mental de España (Mental Health Confederation of Spain)

11:00 a.m. Awards by the Asociación Salud Mental Huelva - FEFES.

11:30 a.m. Break.



****12:00 p.m. Round Table: "Promoting Youth Well-being: Healthy Habits, Nutrition, and Self-care."****

****Speakers:****

- Ms. Marta Noval Díaz. Specialist Mental Health Nurse. Doctorate student at University of Huelva (UHU). Andalusian Health Service in the Child and Adolescent Mental Health Unit of Huelva. Spain.
- Mr. Javier González Riera. Psychologist, Family Therapist. Health Education and Community Participation Technician. Jaén and South Jaén Health District. Spain.
- Dr. Estefanía Castillo Viera, Ph.D. Tenured Professor, University of Huelva. Faculty of Education, Psychology, and Sports Sciences. Huelva, Spain.
- Ms. Rosario Lineros Linero. Psychiatrist and Coordinator of the Child and Adolescent Unit at the Juan Ramón Jiménez Hospital Area. Huelva, Spain.

****Presenter and Moderator:****

Ms. Lourdes Hernández González. Director of the Clinical Management Unit of Mental Health. Degree in Medicine and Surgery. Specialist in Psychiatry, Juan Ramón Jiménez Hospital. Specialist in Child and Adolescent Psychiatry. Huelva, Spain.

****13:30 p.m. Courses.****

****Course 1: "Family Violence. Childhood, Adolescence, and Youth."****

Speaker:

Ms. María del Mar González Conejo. Social Worker at Punta Umbría City Council. Women's Information Municipal Center, Punta Umbría. Huelva, Spain.

****Course 2: "Behavioral Addictions: What Are They and What Are They Not? Evidence, Judgements, and Interpretations" (Hybrid).****

Speaker:

Dr. Antonio Jesús Molina Fernández, Ph.D. Doctor in Psychology. Department of Social, Work, and Differential Psychology. Faculty of Psychology. Social Anthropologist specializing in addictions. Universidad Complutense University of Madrid (UCM). Madrid, Spain.



****Course 3: "Strategies in the Nutritional Approach to Eating Disorders from a Professional Perspective."****

Speaker:

Ms. Carmen Jiménez de los Santos. Medical Specialist in Paediatrics. Assistance Activity as Area Specialist in Paediatrics and its specific areas, Juan Ramón Jiménez Hospital. Huelva, Spain.

****Course 4: "Communication in the Healthcare Field."****

Speaker:

Ms. Mónica Rosu Stanciu. Lecturer in the Department of Psychology, Evaluation, and Psychological Treatments at Universidad Nacional de Educación a Distancia (UNED) and Lecturer in the Department of Clinical and Experimental Psychology, Psychobiology Area, University of Huelva. Huelva, Spain.

****Course 5: "Communicating Without Prejudice: How to Address Mental Health in Journalism."****

Speaker:

Ms. Peña Monjes. Digital Journalist specializing in social issues, human rights, mental health, and international migrations. Director of Communication, Awareness, and Public Relations at Caritas. Presenter and Speaker. Huelva, Spain.

****Course 6: "Self-Love: The Foundation of Emotional Well-being."****

Speaker:

Ms. Alba Moreno Harana. Social Educator at Asociación Salud Mental Huelva (FEAFES). Specialized in Special Education and Attention to Diversity. Expert in Gender Violence. Huelva, Spain.

****Course 7: "Vital Balance: Sports and Mental Well-being."****

Speaker:

Mr. Daniel Juan León. Social Worker of the Mental Health Huelva Association (FEAFES). With a Mention in Labour Market and Employment. Huelva, Spain.



****Course 8: "Psychological Support by First Responders in Emergency and Disaster Situations."****

Speaker:

Dr. Mr. Javier Fagundo Rivera. Tenured Professor. Red Cross Nursing University Centre, affiliated with the University of Seville. Seville, Spain.

****Course 9: "Emotional Self-control for Families and Adolescents."****

Speaker:

Ms. Susana Cristina Fernández Forja da Paz. Mental and Psychiatric Health Specialist Nurse Specialising. Portugal.

****15:00 p.m. Break.****

****16:30 p.m. Art and Reality of Mental Health.****

****Presenter and Moderator:****

Mr. Daniel Juan León. Social Worker of FEFES Huelva Mental Health. With a Mention in Labour Market and Employment. Huelva, Spain.

****17:00 p.m. Scientific Communications Defence.****

****18:00 p.m. Break.****

****18:30 p.m. Round Table: "Transforming Lives: The Role of Education in Promoting Mental Health."****

****Speakers:****

- Mr. José Carlos Santos. Coordinator Lecturer at the Coimbra Nursing School. Specialist in Mental Health. Project "Mais contigo" for intervention and research in educational centres for suicide prevention. Portugal.



- Ms. Laura Pascual. Director of the Sociocriminological Cabinet Vestalis, researcher at the Research Group on Child and Adolescent Victimization (GReVIA) at the University of Barcelona, associate professor of Criminology at the Loyola University and the Open University of Catalonia (UOC), and president of the Andalusian Association of Criminology (ANDACRIM). Cádiz, Spain.

- Mr. Alejandro E. Herencia Anillo. Provincial Coordinator of the Provincial Technical Team for Educational and Professional Guidance. Territorial Delegation of Educational Development and Vocational Training, and University, Research and Innovation. Huelva, Spain.

- Ms. María del Pino Álvarez Palacio. Provincial Reference Nurse for Educational Centers in the Province of Huelva. Huelva, Spain.

****Presenter and Moderator:****

Mr. Manuel Márquez Garrido. Specialist Nurse in Mental Health. Tenured Professor in the Department of Nursing at Huelva University (UHU). Graduated in Social Work and Degree in Social and Cultural Anthropology. Expert in Health Anthropology. Expert in Immigration Sociology. Huelva, Spain.

NOVEMBRE 14, 2024.

****09:00 a.m. Lecture: "Let's Talk About the Problems and Dangers of Children and Youth."****

****Speaker:****

Dr. Francisco Javier Urrea Portillo. Doctor in Clinical and Forensic Psychology, Health Sciences, and Lecturer in Therapeutic Pedagogy. Ambassador of the Ibero-American Association of Legal Psychology. Clinical Director and President of the Governing Commission of RECURRA-GINSO. Honorary President of the Spanish Society for the Study of Filio-Parent Violence (SEVIFIP). Spain.

****Presenter and Moderator:****

Dr. Francisco José Mena Navarro. Tenured Professor in the area of Nursing. Dean of the Executive Team of the Faculty of Nursing at the Carmen Campus, University of Huelva. Huelva, Spain.

****10:00 a.m. Round Table: "Effective and Innovative Interventions in Child and Adolescent Care."****

****Speakers:****

- Prof. Adolfo J. Cangas. Doctor in Clinical Psychology. Professor of Psychology at the University of Almería. Director of the research group "Psychology, Health, and Education." Almería, Spain.



- Ms. Iría Sazatornil González. Specialist Nurse in Psychiatry and Mental Health at the Local Health Unit of Algarve. Portugal.

- Ms. Carmen de Asido Orellana Dávila. Psychologist at the Civil Guard Headquarters. Huelva, Spain.

****Presenter and Moderator:****

- Manuel Movilla Movilla. President of the Andalusian mental health federation. Sevilla Spain.

****11:30 a.m. Break.****

****12:00 p.m. Courses:****

****Course 1: "Addressing Survivor Grief: Intervention Strategies."****

Speaker:

Ms. Silvia Ponce De León Rodríguez. Coordinator of the Asociación Salud Mental Huelva (FEAFES). Psychologist specialized both in Health Psychology and in Clinical Intervention in Mental and Behavioural Disorders. Expert in Child and Adolescent Clinical Psychopathology and Specialized in Updating Psychological Intervention and Mental Health. Huelva, Spain.

****Course 2: "Adolescents, Addictions, and Family Codependency in Addictions."****

Speaker:

Ms. Carmen Graciela Cueva Sánchez. Social Worker. Co-founder of OPTA Social Consulting. Peru.

****Course 3: "Mental Health and Responsible Sexual Education."****

Speaker:

Ms. Lorena Martín Álvarez. Psychologist of the Mental Health Huelva Association (FEAFES). Psychologist with specialization in Health Psychology. Specialized in updating Psychological Intervention and Mental Health. Master's student in Clinical Sexology and Couples Therapy. Huelva, Spain.



****Course 4: "People with Mental Health Problems and Prisons. Challenges in Conflict Management."****

Speaker:

Mr. Juan Antonio Matamoros Carrellan. Psychologist, Sexologist, and Couples Therapist. Higher Technical Section of Psychologists of IIPP (Penitentiary Institutions), responsible for the PAIEM Module of the Huelva Penitentiary Centre. Expert in Emotional Intelligence and Addiction Treatment. Gender and Equality Agent. Personal and Couples Coach. Training in Transactional Analysis, Acceptance and Commitment Therapy, and Brief Strategic Therapy. Training in Art Therapy and Laughter Therapy. Huelva, Spain.

****Course 5: "Victimology of Hate Crimes."****

Speaker:

Mr. Fernando Moreno Moreno. Provincial Coordinator in Huelva of the Victim Assistance Service in Andalusia (SAVA). Huelva, Spain.

****Course 6: "Mental Health."****

Speaker:

Dr. Manuel Gil Álvarez. Doctor in Psychopedagogy and Associate Professor of the Department of Pedagogy of the University of Huelva.

****Course 7: "Strategies in the Nutritional Approach to Eating Disorders from a Family Perspective."****

Speaker:

Mr. Pedro Márquez Mira. Physician Specialised in Paediatrics and its Specific Areas at Juan Ramón Jiménez Hospital, Huelva. Spain.

****Course 8: "Andalusian Personal Assistant Service for People Affected by Mental Health Problems."****

Speaker:

Ms. Ana Rodríguez Sánchez-Toscano. Social Educator. Coordinator of the Pilot Program for Personal Assistants in Mental Health. Social Centre Monitor of Asociación Salud Mental Huelva (FEAFES). Huelva, Spain.



****Course 9: "Psychological Support by Health Professionals in Emergency and Disaster Situations. Psychosocial Accompaniment, Individual Clinical Follow-up, and Evaluation of the Impact on Family and Community Mental Health."****

Speaker:

Mr. Pablo Fernández León. Associate Professor at the Red Cross Nursing University Centre, affiliated with the University of Seville. Seville, Spain.

****14:00 p.m. Break.****

****16:30 p.m. Round Table: "Judicial Measures for Youth with Mental Health Problems."****

****Speakers:****

- Mr. Orlando Castro. Specialist Therapist in Mental Health. Specialized in Sports Psychology, Adolescent Therapy, Addiction Recovery, Behavioural Health, and Mental Health Care. Health Services Professional with a Master's Degree focused on Mental Health Counselling from Albizu University - Miami Campus. United States.

- Dr. Antonio Jesús Molina Fernández, Ph.D. Doctor in Psychology. Department of Social, Work, and Differential Psychology. Faculty of Psychology. Social Anthropologist specializing in addictions. Universidad Complutense de Madrid (UCM). Madrid, Spain.

- Ms. María Victoria Valverde Toquero. Prosecutor, Coordinator of the Disability Service of the Huelva Prosecutor's Office. Spain.

****Presenter and Moderator:****

Ms. Mónica Rosu Stanciu. Lecturer in the Department of Psychology, Evaluation, and Psychological Treatments at Universidad Nacional de Educación a Distancia (UNED) and Lecturer in the Department of Clinical and Experimental Psychology, Psychobiology Area, University of Huelva. Huelva, Spain.

****18:00 p.m. Round Table. Life Story.****

****19:00 p.m. Closing of the IV International Congress on Mental Health. Scientific Awards.****